



A program of Charlevoix County Family Court

Recovery High

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PROGRAM MISSION

The mission of Recovery High is to increase public safety by providing a comprehensive system of treatment services, judicial supervision, and the integration of court and community services which will result in reduced recidivism, increased school attendance, increased employability and sobriety while protecting the rights of juveniles.

PROGRAM OVERVIEW

Recovery High was developed in 1999 by the Charlevoix Family Court in response to the need for a local comprehensive substance abuse program for adolescents. The program was designed to meet the various levels of need of the youth, with four separate phases of the program to be used in a “step down” or “step up” approach. Phases of the program dictate different levels of participation, and are not sequential phases to complete.

As this unique program has gained attention for its effectiveness in dealing with adolescent substance abuse in area youth, teenagers from 34 different counties have also participated in Phase One of the program. (Phase Two, Three and Four are only appropriate for local youth.) Youth can participate in Recovery High as a voluntary/private pay placement, or may be court ordered pre or post adjudication.

In collaboration with Charlevoix Family Court, Bay Area Substance Education Services (BASES) provides the substance abuse education and groups, drug testing, individual counseling and parent support groups for Recovery High. BASES teen center is located in Charlevoix.

Below are descriptions of each phase of Recovery High:

Phase One:

Phase One typically lasts 90 days, with the flexibility to extend longer if necessary. The cost is \$99.50 daily per diem, including all substance abuse services, counseling, drug tests, school services, transportation, and foster care.

At BASES, youth attend three Recovery Skills groups, three Discovery Recovery groups, two Life Skills groups, Gender groups for females, and AA introduction group each week. They also receive a weekly one on one counseling session with a prevention counselor and a urine drug screen.

Youth in Phase One of Recovery High reside at foster homes licensed by the Charlevoix Family Court through the State of Michigan. These foster parents are trained to care for youth in recovery. Their homes are drug and alcohol free, and equipped to provide a safe home environment.

Youth attend Great Lakes Academic Center, a fully accredited school operated under the direction of Boyne City Public Schools and the 7th Probate Court. This school is located in Boyne Falls, and is a safe, highly structured environment for the students to have the opportunity

to earn high school credits and get back on track with their education before returning to their regular school. Outside the typical school year, Recovery High youth attend a ten week summer school program, allowing students to earn more credits, participate in field trips and enrichment activities. The Recovery High office and staff are located on-site at Great Lakes Academic Center.

Participants of Recovery High are transported between Great Lakes Academic Center, BASES and home in a 21 passenger bus purchased by the Charlevoix Family Court in 2005. This allows for safe, reliable transportation between the daily activities for youth.

Weekly art therapy sessions are provided, and additional individual or family counseling is available through outside agencies when appropriate. Social and recreational activities are incorporated into the youth's weekly schedule. Completion of community service hours is also available while in Recovery High.

Family visitation is allowed in Recovery High. The length of each visit is gradually increased as the youth earns, and is ready for, extended visits. A crucial component of Recovery High is the ability of the youth to slowly transition back to their home environment. This gradual exposure to past triggers, pressures and situations allows the youth to be more stable for a final transition home, increasing their success in recovery. (see typical visitation schedule and home visit guidelines on page 6)

Weekly parent support and education groups are offered on Sundays at BASES. Recovery High strongly encourages parent involvement and input for each youth. Family issues are addressed with the youth and parents while in the program, so that upon completion the teenager can return home to a supportive and supervised environment.

Each week the Recovery High Team, consisting of the program coordinator, foster parents, BASES staff, probation officers and a school representative, meet to provide a progress report on each youth. Decisions regarding a youth's stability in recovery, home visits and other progress notes are determined as a collaborative group. Incentives and sanctions are utilized in response to program compliance or infractions. Potential local sanctions include day treatment, removal of home or program privileges, and community service.

Phase Two: (for local youth)

A young person may be placed directly in this phase; allowing them to reside at home with their parents and attend their regular school or Great Lakes Academic Center. They participate at BASES in three Recovery Skills groups, three Discovery Recovery groups, two Life Skills groups, Gender groups for females, and an AA introduction group each week, as well as one individual counseling session and a weekly drug test. Juveniles under Charlevoix or Emmet Family Court jurisdiction will appear at monthly progress review hearings before the Judge. There is no fee for programming in Phase Two, except for drug test costs.

Phase Three: (for local youth)

In this phase, youth reside at home with their parents, and attend their regular school. They participate in three Discovery Recovery groups and two Life Skills groups, with one on one counseling available as needed and a bi-weekly drug test.

There is no fee for programming in Phase Three, except for drug test costs.

Phase Four: (for local youth)

Youth reside at home with their parents/guardian, and attend their regular school. They participate in one to two Discovery Recovery groups, with a bi-weekly drug test.

There is no fee for programming in Phase Four, except for the drug test costs.

PHASE ONE ELIGIBILITY CRITERIA

1. Minimum age of 14 years old at time of referral. Maximum age of 17 years old for Phase One. Phase Two, Three and Four accept older young adults as deemed appropriate by BASES staff.
2. If a juvenile offender, must not be charged with violent offenses or have a violent history. Sexual assault criminal histories and criminal histories involving a weapon during the commission of a crime will be evaluated on a case by case basis.
3. May be family or court referral, pre or post adjudication.
4. The juvenile does not have a serious emotional impairment.
5. Primary diagnosis of chemical dependency with documented substance abuse history, either charge related or JASAE assessed at a drinking category or drug level of 2-5
6. Abstinence from all mood-altering chemicals for 72 hours prior to admission.
7. Mentally and physically capable, as well as willing to participate in the program.
8. All documents requested in the referral packet must be submitted to Recovery High.

PHASE ONE PAYMENT INFORMATION

Court Referrals:

Upon admission, the referring court agrees to pay the daily program rate directly to the Charlevoix County Family Court for every day the participant is in the program, including home visits up to five days. Placement costs in Charlevoix Probate Court Day Treatment, Charlevoix County Probate Court Non-Secure Detention and transportation costs to and from home visits are NOT included in the Recovery High per diem rate. This would be considered an extraordinary expense. For details please see the Purchase of Services Agreement in the referral packet. The Charlevoix County Family Court will mail out statements to the Placing Agency monthly. The Placing Agency agrees to submit payment to the Charlevoix Family Court within 30 days.

“Private Pay” or Family Referrals:

Private Pay Referrals: Upon the youth’s entry, the Family shall provide 45 days of program fees paid in advance for the Phase in which the youth is participating. On day 46 of participation, a 45 day prepayment is required as the youth continues in the program. This 45

day prepayment continues throughout participation in the program. Placement costs in Charlevoix Probate Court Day Treatment, Charlevoix County Probate Court Non-Secure Detention and transportation costs to and from home visits are NOT included in the Recovery High per diem rate. This would be considered an extraordinary expense. For details please see the Purchase of Services Agreement in the referral packet. If a youth fails to complete the program, the balance of the prepayment will be returned to the Family minus a \$200.00 admission fee to offset the expense of initial screening, intake, assessment and setting up the youth's file.

PHASE ONE REFERRAL INFORMATION

1. Call 231-549-7760 ext. 22 for verbal information regarding current availability for new youth.
2. Print a referral packet from www.basesteencenter.org, or call the above number to have one faxed to you.
3. Complete the first portion of the packet and fax it to 231-549-7764. (For verification it arrived, please call the above contact number.)
4. A Recovery High staff member will call you back after the team has reviewed the information and assessed if the youth is appropriate for the program. If the youth is tentatively accepted for admission, please complete and return the second portion of the referral packet.
5. After all documents from the referral checklist have been received, an intake appointment will be set at the referring agency's convenience. At the intake meeting, the youth, referring worker and/or parent, and Recovery High team members will discuss the program and goals for the youth. At that time, the youth begins Recovery High and will begin school, programming and residing in foster care.

Referring agencies receive a weekly progress report on each youth, and are always welcome to visit the youth in Recovery High.

RECOMMENDED ITEMS FOR YOUTH

The following are the recommended personal items teens should bring to Recovery High.

GENERAL:	1 Casual Slacks	FEMALES:	4 Shirts
	4 Jeans		1 Blouse
	2 Sweaters / Sweatshirts		5 Socks
	1 Sneakers		1 Nylons
	1 School Shoes		1-2 Skirts/Dresses
	2 Pajamas		1 Slip
	1 Belt		8 Panties
	1 Bathing Suit		3 Bras
	2 Shorts		
	Phone Card		
	Stamps & Stationary		
SEASONAL:	1 Light Coat	MALES:	1 Dress Shirt
	1 Heavy Coat		5 Polo Shirts
	1 Winter Gloves		8 Socks
	1 Winter Hat		6 T-Shirts
	1 Winter Boots		1 Tie
	1 Sandals		6 Undershorts

Basic toiletries will be provided for youth. A teen may bring their own personal items, however, they are not allowed to possess any aerosol products, colognes, perfumes, or mouthwashes.

Clothing, including t-shirts, must not have writing or artwork referencing sex, drugs or violence.

TYPICAL PHASE ONE FAMILY VISITATION SCHEDULE

- Week One: Sunday 2 pm to 4 pm at Foster Home
- Week Two: Sunday 12 pm to 4 pm in the local area
- Week Three: Sunday 9 am to 4 pm in the local area
- Week Four: 1 overnight (Saturday am to Sunday 4 pm)
- Week Five: 1 overnight (Saturday am to Sunday 4 pm)
- Week Six: 2 overnights (Friday 3 pm to Sunday 4 pm)
- Week Seven: 2 overnights (Friday 3 pm to Sunday 4 pm)
- Week Eight: 2 overnights (Friday 3pm to Sunday 4 pm)
- Week Nine: 3 overnights (Thursday to Sunday or Friday to Monday am)
- Week Ten: 3 or 4 overnights if needed to work on continued care plan;
2 overnights if no continued care planning is needed.
- Week Eleven: 2 overnights (Friday 3 pm to Sunday 4 pm)
- Week Twelve: 2 overnights (Friday 3 pm to Sunday 4 pm)

*Pick up times at the start of a visit are flexible with parent's schedule, but they must be prearranged.

*Parents are encouraged to attend parent education & support group at BASES on Sundays from 4 pm – 6pm.

*Maps of the area and lists of local free or low cost activities are available from Recovery High staff or foster parents.

PHASE ONE HOME VISIT GUIDELINES

1. Teens must be supervised by parents at all times unless Recovery High staff and Probation Officer have given prior approval.
2. The family home must be drug and alcohol free.
3. For each night of an overnight home visit, teens must attend a 12-step meeting.
4. Teens will have no contact with friends without prior approval from Recovery High staff and their Probation Officer.
5. Nothing is to be brought back to the foster home without approval from foster parents. Please no valuables. This program is not responsible for personal items.
6. Teens are not to be in possession of any medication. All medications are to be kept locked up, and are to be transferred from adult to adult only. Follow guidelines for dispensing medication to teen (see foster parents or BASES staff for instruction.)
7. Any information is to be communicated from adult to adult.
8. Teens are not to be in possession of any money. Any money for food or necessities must be given directly to BASES staff or foster parents.
9. Pick-ups and drop-offs of home visits must be prompt and timely. Any changes to the scheduled times requires adult contact. Drop offs must have adult to adult contact.
10. Rules of probation still apply when teens are on a home visit.
11. Any concerns during home visits need to be shared with foster parents or Recovery High staff.

In case of emergency during a home visit, contact the foster parent or Charlevoix County Sheriffs Department at 231-547-4461 and request that the on-call referee for Charlevoix Family Court be paged. You may also leave a message on the BASES answering machine and a staff member will be paged after hours. If you need a return phone call, please leave your name and number so they can reach you.

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